

YOUR CELLULAR ENERGY RESET GUIDE

6-week cellular energy reset

Everything you need to know about your reset program — the schedule, what to expect, and how to get the most from your 6 weeks.

PROGRAM: \$3,999

DURATION: 6 weeks

GUARANTEE: Money-back

01 YOUR PROGRAM

What's included

A structured 6-week protocol designed to recharge your cellular energy from the inside out.

18 HBOT Sessions

60 minutes each at 2.0 ATA. Pressurized oxygen floods your tissues, supporting healing, reducing inflammation, and boosting cellular energy production.

Structured Schedule

3 combo sessions per week for 6 weeks. We build your calendar at your first visit so you know exactly when to come in.

18 Red Light Sessions

660-850nm full-body treatment. Red and near-infrared light penetrates your cells and stimulates mitochondria — the powerhouses that create ATP (energy).

Weekly Check-ins

Automated weekly check-ins track your energy, sleep, and recovery throughout the program. We monitor your progress every step of the way.

Two therapies, compounding results

One drives oxygen deep into tissue, the other stimulates the machinery that uses it.

Hyperbaric Oxygen

Pressurized oxygen floods your tissues, supporting healing, reducing inflammation, and boosting cellular energy production. Your body gets the raw material it needs.

Red Light Therapy

Red and near-infrared light stimulates your mitochondria — the energy factories inside every cell. More efficient mitochondria = more ATP = more energy.

WHY 6 WEEKS?

Consistent combo sessions over 6 weeks create compounding cellular improvement. Each session builds on the last. By week 6, your cells are producing energy more efficiently than they have in years.

Each session

3 sessions per week for 6 weeks. We build your calendar at your first visit.

1

RED LIGHT THERAPY (20 MIN)

Full-body red and near-infrared light treatment. Stimulates mitochondrial function and primes your cells for the oxygen therapy that follows.

2

HYPERBARIC OXYGEN (60 MIN)

Relax in the pressurized chamber at 2.0 ATA. Your lungs absorb significantly more oxygen, which reaches every tissue in your body.

WEEKLY CHECK-IN

Automated check-ins track your energy, sleep, and recovery. We monitor your progress and adjust as needed.

Consistency Is Everything

Don't skip sessions. The compounding effect depends on regular, consistent treatment. Wear comfortable clothing. No metal jewelry in the chamber. Stay hydrated before and after.

04 TIMELINE

What to expect

Benefits build each week as your cells become more efficient.

WEEK 1-2

Body adjusts to consistent oxygen and light therapy. Some notice improved sleep and reduced soreness.

WEEK 3-4

Energy improvements become noticeable. Recovery between workouts speeds up. Brain fog begins to lift.

WEEK 5-6

Compounding benefits. Sustained energy, better sleep quality, improved mental clarity, and faster recovery.

AFTER 6 WEEKS

Review results with your provider. Many patients transition to a combo membership to maintain results.

MONEY-BACK GUARANTEE

Complete the full 6-week protocol as prescribed. If you don't experience measurable improvement, we'll refund your investment. We're that confident in

this program.

05 SAFETY

Important safety information

HBOT CONTRAINDICATIONS:

- ✗ Untreated pneumothorax
- ✗ Certain ear or sinus conditions
- ✗ Certain lung conditions
- ✗ Pregnancy

POSSIBLE SIDE EFFECTS:

- Mild ear pressure during HBOT (like an airplane)
- Temporary lightheadedness after HBOT
- Mild warmth during Red Light
- Slight fatigue (typically resolves within hours)

Both therapies are non-invasive. Red light has no significant contraindications. We screen for all contraindications before starting the program.

Important: Individual results vary. These treatments are not FDA-approved to diagnose, treat, cure, or prevent any disease.

Questions? We're here.

Whether you need to adjust your schedule or have questions about the program, our team can help.

1901 Westcliff Dr. Suite 10, Newport Beach, CA 92660

RANGE



Range Medical

1901 Westcliff Dr Suite 9 & 10, Newport Beach, CA 92660

(949) 997-3988 · www.range-medical.com

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