

YOUR METHYLENE BLUE COMBO IV GUIDE

Methylene blue + high-dose Vitamin C + magnesium

Everything you need to know about your combination infusion — mitochondrial support, immune power, and cellular recovery in one session.

PRICE: \$750

DURATION: 90–120 minutes

01 THE BASICS

Three powerhouses, one session

This combination pairs methylene blue's mitochondrial benefits with high-dose Vitamin C's immune and antioxidant power plus magnesium's role in muscle function, nerve signaling, and over 300 enzymatic reactions.

Together, they provide a comprehensive cellular recharge — targeting energy production, immune defense, and recovery from multiple pathways simultaneously.

02 HOW IT WORKS

What each component does

Multi-pathway cellular support — energy production, immune defense,

and recovery.

Methylene Blue

Mitochondrial electron support, brain clarity, and cellular energy. Crosses the blood-brain barrier for direct cognitive support.

Magnesium

Muscle relaxation, nerve function, sleep support, and inflammation reduction. Involved in over 300 enzymatic reactions.

High-Dose Vitamin C

Immune support, free radical scavenging, collagen production, and tissue repair. Therapeutic doses far beyond what oral supplements provide.

Together

Multi-pathway cellular support — energy production from methylene blue, immune defense from Vitamin C, and recovery from magnesium. The complete cellular recharge.

03 PRICING

Methylene blue combo IV

COMPLETE COMBO

\$750

Methylene Blue + High-Dose Vitamin C + Magnesium.
90–120 minute session. The full cellular recharge.

04 INSTRUCTIONS

What to know before

your session

1

MEDICATION CHECK

Inform your provider of ALL medications — especially SSRIs, SNRIs, and MAOIs. This is critical. Methylene blue cannot be combined with serotonergic medications.

2

EAT A LIGHT MEAL

Have a light meal before your session. Don't come on an empty stomach — it helps prevent nausea.

3

HYDRATE WELL

Drink plenty of water before and after. The combined infusion works best when you're well hydrated.

4

PLAN FOR 2 HOURS

The combined infusion takes 90–120 minutes. Bring something to read, watch, or work on. Expect blue-green urine for 24–48 hours (normal).

05 TIMELINE

What to expect

Benefits from all three components begin quickly.

DURING SESSION

Warmth from magnesium, mental clarity from methylene blue. Some patients feel calm and focused during the infusion.

REGULAR SESSIONS

Deep cellular optimization across multiple systems. Sustained improvements in energy, clarity, immune function, and recovery.

24–48 HOURS

Improved energy, reduced inflammation, immune support. Your cells are actively using all three components for repair and defense.

06 SAFETY

Important safety information

DO NOT USE IF YOU:

- ✗ Take SSRIs, SNRIs, or MAOIs (risk of serotonin syndrome)
- ✗ Take other serotonergic medications
- ✗ Have G6PD deficiency
- ✗ Are pregnant or breastfeeding
- ✗ Have kidney disease (consult provider for high-dose Vitamin C)

POSSIBLE SIDE EFFECTS:

- Blue-green urine and stool (normal from methylene blue)
- Warmth or flushing (from magnesium — normal and temporary)
- Mild nausea
- Temporary headache
- Vein irritation at IV site

G6PD screening may be required for high-dose Vitamin C. Inform your provider of ALL medications before treatment.

Important: Individual results vary. These treatments are not FDA-approved to diagnose, treat, cure, or prevent any disease.

Questions? We're here.

Whether you have questions about medications or want to schedule your session, our team can help.

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